



PORTLAND PUBLIC SCHOOLS

Head Start

Annual Report 2022–2023





PORTLAND PUBLIC SCHOOLS

Head Start

Our Vision:

Our vision is children growing and thriving in a supportive, nurturing environment of parents, family, neighborhood, and community where they and their families have options and opportunities for optimum growth, development, and learning.

Our Mission:

As proven leaders in early childhood education and family development, Portland Public Schools Head Start is dedicated to enhancing the quality of life for vulnerable children and families in Multnomah County. Our knowledgeable and caring staff accomplish our mission by providing early education and family support to families of children from three to five years old, emphasizing healthy outcomes and school readiness, promoting family self-sufficiency, and partnering with individuals, school districts, and our community. When we say "school readiness," we mean children are ready for school, families are ready to support their children's learning, and schools are ready for children.

Our Core Values:

- Recognizing, honoring, and giving voice to the racial, ethnic, and linguistic diversity of the families we serve.
- Working as a team, we can effectively promote respectful, sensitive, and proactive approaches to learning and growth.
- Nurturing the cognitive, physical, social, and emotional development of each child.
- Fostering community partnerships to support families and children during and after the Head Start experience.
- Valuing individuality while recognizing that children and adults develop and prosper within the context of relationships.
- Empowering families to achieve self-sufficiency by identifying their own strengths, needs, and interests while finding solutions and making positive changes.
- Implementing shared decision making as a collective responsibility of families, governing bodies, and staff where ideas and opinions are heard and respected.
- Supporting healthy behaviors that enhance wellness.
- Emphasizing learning through play.
- Keeping families' hopes and dreams as our central focus.



Portland Public Schools recognizes the diversity and worth of all individuals and groups and their roles in society. It is the policy of the Portland Public Schools Board of Education that there will be no discrimination or harassment of individuals or groups on the grounds of age, color, creed, disability, marital status, national origin, race, religion, sex or sexual orientation in any educational programs, activities or employment.



Annual Report 2022–2023

Director: Dana Stiles

We experienced continued challenges during the 2022–2023 school year delivering developmentally and culturally appropriate supports and services to children and families due to the impact and influence of the coronavirus pandemic.

Recruitment and enrollment were gradual and ongoing throughout the entire school year. We implemented a variety of new strategies for recruitment; community fairs, yard signs, etc. By the end of the year, we reached an enrollment of 623 children and families. The Office of Head Start suspended its evaluation of programs for full enrollment during this time, which relieved much stress.

Community partnerships were strengthened, and crises were transformed into opportunities. PPS Head Start moved forward with its racial equity and social justice work as well as its exploration of research-based learning frameworks to improve student outcomes. Students and families benefited from our in-person social interactions and engagement activities. Another strong Parent Policy Council board of officers was elected and guided the program’s direction.

This report reflects the experiences and continued resolve of a community of people who refuse to accept the status quo and who unconditionally embrace the PPS Head Start mission and vision.

Basic Program Facts

The Portland Public Schools Head Start program served 623 children—ages three-to five-years—in 36 classrooms (participants were enrolled for at least 1 day during the school year). Our Head Start grantee is Portland Public Schools, a PreK-12 school district, so the program follows the district’s school calendar.

The program’s curriculum, Tools of the Mind®, aligns with the Portland Public Schools Instructional Framework. Our progress monitoring tool is the Desired Results Developmental Profile (DRDP), an observational assessment tool. In a typical year, ongoing child observation and assessment in the areas of: Cognitive, Language, Social/Emotional and Physical Development, are used to measure progress and share that progress with students’ parents/caregivers. Head Start parents are engaged in their child’s learning to support progress toward their educational goals. Parents are involved in leadership, educational, literacy, and employment-related opportunities to support lifelong learning experiences in the community.



Who We Served—Children & Families 2022–2023

Enrollment Opportunities

	2022-2023*	Full
Applegate	64	72
Clarendon	125	126
Creston Annex	65	72
Grout	29	36
Jason Lee	40	54
Kelly Center	123	108
Sacajawea	106	108
Sitton	38	36
Whitman	41	36
Total Funded Enrollment	623	648

*Separate total slots from enrollment opportunities. The numbers for 2022-2023 reflect the total number of children who were enrolled for at least one day during the school year; the second number reflects the total number of funded slots at each site.



Total Funded Enrollment 623/648

Age

3 year olds	41.0%
4 year olds	58.9%

Ethnicity

Hispanic	39.8%
Non-Hispanic	60.1%

Race

Black/African American	19.9%
American Indian/Alaskan Native	2.8%
White	46.8%
Asian	13.0%
Hawaiian/Pacific Islander	2.4%
Bi-racial/Multi-racial	13.9%

Dual Language Learners (DLL) 44.7%

Spanish	24.5%
Chinese	5.6%
Vietnamese	5.4%
Other	9.1%

Home Languages

Akatek, Amharic, Arabic, Cambodian, Chinese, Chuj, Chuukese, Creole, Dinka, English, Ethiopian, French, Guiche, Hindi, Hmong, Igbo, Karen, Khmer, Laotian, Maay Maay, Nepali, Oromo, Russian, Samoan, Somali, Spanish, Swahili, Tigrinian, Tongan, Ukranian, Vietnamese



20% of our Head Start enrollment were children with disabilities.

Family Engagement

Services Provided

Number of referrals to Community Agencies

Emergency/Crisis Intervention	288
Housing Assistance (e.g., subsidies, utilities, repairs)	94
Mental Health Services	90
Research-based Parenting Education	40
English as a Second Language (ESL) Training	148
Adult education/Job Training	82
Substance Misuse Prevention/Treatment	8
Relationship Education	30
Preventive Medical and Oral Health Education	283
Nutrition Education	364
Assistance to Families of Incarcerated Individuals	9

Caregivers receiving at least one service 442

Assistance Type by Percent of Families

Families Receiving TANF	15.0%
Families Receiving SSI	4.6%
Families Receiving WIC	48.6%
Families Experiencing Houselessness	15.0%
Families Receiving SNAP	35.6%

Family Engagement Activities

- Policy Council
- Parent /Caregiver Workshops
- Parent/Caregiver Input Surveys
- Health Advisory Committee
- Family and Child Home Visits
- Multnomah County Library “Every Child a Reader” program

During this school year parents/ caregivers were highly involved in their child’s learning. PPS Head Start encourages families to engage in their child’s education and school community. PPS Head Start presented many opportunities to provide feedback and be involved in decision-making for the program.

PPS Head Start parents/caregivers are engaged in their child’s learning to support progress toward their educational goals. Parents/ caregivers are involved in leadership, educational, literacy and employment-related opportunities to support lifelong learning experiences in the community.



Health Services

Students with health insurance	99%
Students with a medical home	96%
Student with a dental home	87%
Students screened for vision concerns	98%
Student screened for hearing concerns	98%
Student screened for dental concerns	94%



The Head Start Health Services team focused on recovery post-COVID with an emphasis on health promotion. We implemented monthly “health huddles” with Family Service staff, created a process to improve our Health Status Determination numbers, and made progress toward becoming a more health literate organization.

Head Start Operating Expenses

Program Expenses – Totals from Budget-to-Actual Reports

Grant Description – Fiscal Year 2023

Federal Head Start Grant	\$ 5,830,128.00	42%
Oregon PreK Grant	\$ 7,592,337.00	54%
Portland Children’s Levy	\$ 562,348.00	4%
	\$ 13,948,813.00	100%

Average cost per child for Fiscal Year (Expenses/648)	\$ 21,526.00
Average cost per Federal Awarded Slots for grant year 11/1/22-10/31/23 (Award/297)	\$ 19,630.00
Average cost per State Awarded Slots for grant year 7/1/22-6/30/23 (Award/351)	\$ 21,631.00

Grant Description – Fiscal Year 2022

Federal Head Start Grant	\$ 5,686,462.00	46%
Oregon PreK Grant	\$ 5,799,811.00	47%
Portland Children’s Levy	\$ 560,845.00	5%
Federal Title IA Grant	\$ 240,000.00	2%
	\$ 12,287,118.00	100%

Average cost per child for Fiscal Year (Expenses/760)	\$ 16,067.00
Average cost per Federal Awarded Slots for grant year 11/1/21-10/31/22 (Award/297)	\$ 19,146.00
Average cost per State Awarded Slots for grant year 7/1/21-6/30/22 (Award/463)	\$ 12,527.00

Grant Description – Fiscal Year 2021

Federal Head Start Grant	\$ 5,618,686.00	46%
Oregon PreK Grant	\$ 5,799,604.00	47%
Portland Children’s Levy	\$ 551,897.00	5%
Federal Title IA Grant	\$ 240,000.00	2%
	\$ 12,210,394.00	100%

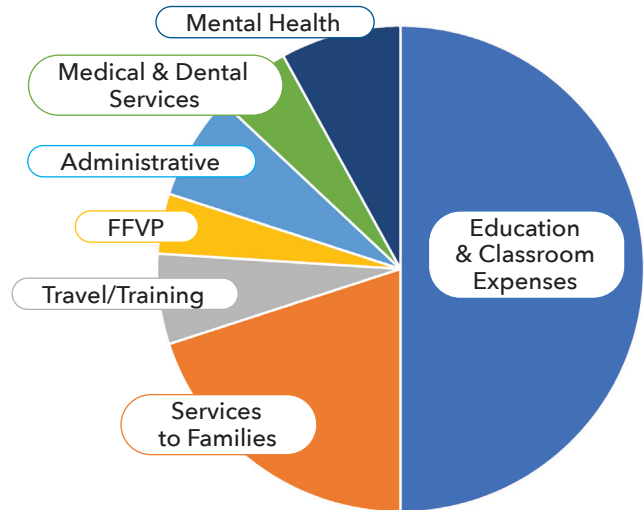
Average cost per child for Fiscal Year (Expenses/760)	\$ 16,066.00
Average cost per Federal Awarded Slots for grant year 11/1/20-10/31/21 (Award/297)	\$ 18,918.00
Average cost per State Awarded Slots for grant year 7/1/20-6/30/21 (Award/463)	\$ 12,527.00





Projected Expenditures 2023–2024

Education & Classroom Expenses	50%
Services to Families	20%
Travel/Training	6%
Fresh Fruit & Veggie Program (FFVP)	4%
Administrative Expenses	7%
Medical & Dental Services	5%
Mental Health	8%



Past Monitoring Results

- PPS Head Start received a Federal Focus Area 2 review during the week of March 7–11, 2022. There were no findings and no deficiencies noted. No one on staff could remember this ever happening in the program’s history.
- PPS Head Start received a Federal Focus Area 1 review during the week of October 28, 2019. There were no findings. Our program was determined to be in compliance with all Head Start Program Performance Standards.

Child Outcomes



PPS Head Start conducts assessment of children throughout the year to monitor developmental progress. The program used the Desired Results Developmental Profile (DRDP) to complete progress monitoring on all enrolled students. In addition, other formative assessments were completed. Student outcome data showed that all students showed progress in at least one developmental domain. Teachers met in bi-monthly Professional Learning Communities and used the data collected to inform their planning and instruction. These data analyses in combination with the comprehensive Program Self-Assessment enabled the program to monitor its progress on and update its 5-Year Program Goals and School Readiness Goals.

DRDP Child Development Summary 2022-2023

The vertical line represents the median score for the group.

Key: RE = Responding Earlier, RL = Responding Later, EE = Exploring Earlier, EM = Exploring Middle, EL = Exploring Later, BE = Building Earlier, BM = Building Middle, BL = Building Later, IE = Integrating Earlier

Approaches to Learning-Self-Regulation (ATL-REG):

The Approaches to Learning skills include attention maintenance, engagement and persistence, and curiosity and initiative. The Self-Regulation skills include self-comforting, self-control of feelings and behavior, imitation, and shared use of space and materials.

	RE	RL	EE	EL	BE	BM	BL	IE
Spring 2023			3%	7%	15%	29%	30%	17%
Winter 2023			4%	13%	25%	31%	21%	6%
Fall 2022	1%	1%	6%	27%	26%	26%	10%	2%

Social and Emotional Development (SED):

The knowledge or skill areas in this domain include identity of self in relation to others, social and emotional understanding, relationships and social interactions with familiar adults, relationships and interactions with peers, and symbolic and sociodramatic play.

	RE	RL	EE	EL	BE	BM	BL	IE
Spring 2023			2%	4%	20%	26%	29%	19%
Winter 2023			4%	7%	33%	33%	20%	4%
Fall 2022	1%	1%	5%	19%	36%	29%	7%	2%

Language and Literacy Development (LLD):

The LLD domain assesses the progress of all children in developing foundational language and literacy skills. These skills can be demonstrated in any language and in any mode of communication.

	RE	RL	EE	EM	EL	BE	BM	BL	IE
Spring 2023			0%	1%	3%	19%	26%	35%	17%
Winter 2023			1%	1%	7%	27%	34%	25%	5%
Fall 2022	1%	0%	2%	3%	11%	37%	32%	12%	1%

DRDP Child Development Summary 2022-2023

Cognition, Including Math and Science (COG):

The Math knowledge or skill areas in this domain include spatial relationships, classification, number sense of quantity, number sense of math operations, measurement, patterning, and shapes. The Science knowledge and skills in this domain include cause and effect, inquiry through observation and investigation, documentation and communication of inquiry, and knowledge of the natural.

	RE	RL	EE	EL	BE	BM	BL	IE
Spring 2023			1%	4%	24%	25%	34%	12%
Winter 2023		1%	2%	10%	32%	38%	14%	4%
Fall 2022	3%	1%	3%	12%	38%	34%	7%	1%

Physical Development (PD-HLTH):

The Physical Development knowledge or skill areas in this domain include perceptual motor skills and movement concepts, gross locomotor movement skills, gross motor manipulative skills, fine motor manipulative skills, and active physical play. The Health knowledge or skill areas in this domain include nutrition, safety, and personal care routines (hygiene, feeding, dressing).

	RE	RL	EE	EM	EL	BE	BM	BL	IE
Spring 2023					2%	16%	24%	30%	28%
Winter 2023					6%	19%	39%	30%	6%
Fall 2022	1%	0%		1%	10%	27%	39%	17%	4%

The vertical line represents the median score for the group.

Key: RE = Responding Earlier, RL = Responding Later, EE = Exploring Earlier, EM = Exploring Middle, EL = Exploring Later, BE = Building Earlier, BM = Building Middle, BL = Building Later, IE = Integrating Earlier



Five-Year Goals — Year Five 2022–2023 Progress

Program Goal 1:

PPS Head Start will ensure that all children are ready for success in kindergarten and beyond.

Objectives	Expected 5-year Impact	Year 5 2022-23 Progress, Outcomes, and Challenges
<p>All children will receive high quality educational experiences.</p>	<p>95% of all enrolled children will be at or above widely-held expectations in all domains.</p>	<p>Successes:</p> <ul style="list-style-type: none"> Nearly 20% of students program wide achieved the Integrating Earlier benchmark for Approaches to Learning/Self Regulation, Social Emotional Learning and Language/Literacy Development by Spring <p>Challenges:</p> <ul style="list-style-type: none"> All data in evaluating preschoolers is subjective.
<p>Children will be healthy and ready to learn.</p>	<p>80% of enrolled children will have attendance of 85% or greater. Systems are in place to ensure a safe, secure, healthy environment to support children’s learning and development.</p>	<ul style="list-style-type: none"> Average attendance for the 2022-23 school year was 80% across the program, with lowest attendance being in the Winter months of December, January and February. Overall 26% of children missed less than 10% of school, 34.8% missed 10-20% of school, 39.2% missed more than 20% of school. 43% of absences were due to illness, with Unexcused and Family Concerns ranging from 11-20%. Number of enrolled children who are up to date on immunizations is at 92%. This is higher than the Multnomah County data of 81%.
<p>Increased individualized instruction and support</p>	<p>Improved outcomes for students with learning differences or behavior that is perceived as challenging by adults in the school and home setting. All students who attend at least 80% of the time and are eligible for Early Childhood Special Education services or receiving Mental Health consultation will show growth at all assessment points in the Social Emotional Domain.</p>	<p>Successes:</p> <ul style="list-style-type: none"> At least 75% of students with an IFSP or IPR are achieving Beginning Earlier, Beginning Middle or Beginning Later for all domains by Spring. Data systems were created to better monitor outcomes for children who are on an IFSP and/or receiving mental health consultation at home or school. ILP meetings supported teacher’s to be able to collaborate with each other with specific data for individualized instruction and support. <p>Challenges:</p> <ul style="list-style-type: none"> Students with an IFSP or IPR continue to struggle to grow at the same rate as other students regardless of attendance. About 5% of IFSP or IPR students achieve the Integrating Earlier benchmark by Spring. Data systems need continued improvement to streamline data analysis between students who fall under multiple demographic categories.



Five-Year Goals — Year Five 2022–2023 Progress

Program Goal 2:

PPS Head Start will have strong communication systems throughout our organization.

Objectives	Expected 5-year Impact	Year 5 2022-23 Progress, Outcomes, and Challenges
Program information will be shared regularly with families, staff and community partners.	All program communication systems will have a current written procedures and will be utilized and maintained regularly.	<ul style="list-style-type: none"> • Health Services Advisory Committee (HSAC) now combined with Albina Head Start and Mt. Hood Community College Head Start; a great opportunity for community partners to hear information about all Multnomah Co. programs and provide input/feedback. • Monthly parent bulletin for families to share information and resources; link shared in Staff Bulletin as well. • Good communication between building Principals and Head Start staff.
Updated technology systems and training will be provided program-wide.	100% of staff will be trained regularly on devices and software relevant to their work.	<ul style="list-style-type: none"> • Links on Head Start website are very useful and user-friendly. • PPS wireless printing abilities across sites • Fiscal organization success • Health team has created/updated scripts around data entry; shared with PreK to align systems (Food/Milk substitutions, hearing, well child, vision, etc.)

Five-Year Goals — Year Five 2022–2023 Progress

Program Goal 3:

PPS Head Start will ensure that the diversity of every child, family and staff member is valued and reflected in all program actions and decisions.

Objectives	Expected 5-year Impact	Year 5 2022-23 Progress, Outcomes, and Challenges
Increase pathways and opportunities for parents to become employed with PPS Head Start.	Increase parent employment with PPS Head Start by 30%.	<ul style="list-style-type: none"> Teacher organized a PRAXIS study support group. Human Resources is able to pay the fee for PRAXIS for on-boarding employees (\$85; only if they pass). PIR - 19% of Head Start employees are current or former parents.
Provide meaningful and relevant professional development for all PPS Head Start staff.	100% of staff will receive regular professional development related to their PPS Head Start responsibilities.	<ul style="list-style-type: none"> Full-time staff employed entire school year: 100% earned 15 or more Professional Development Units (PDUs). Half-time staff employed entire school year: 56% earned 15 or more PDUs (18/32)
Ensure that all children and families are receiving support to be healthy and ready to learn.	100% of families will receive information and follow up regarding healthcare and needed resources.	<ul style="list-style-type: none"> 86% of enrolled children received preventative dental care during the 2022-23 school year. Majority of children had stable health insurance—95% at the beginning of the 2022-23 school year, and 99% at the end of the 2022-23 school year. 98% of enrolled children received a hearing and vision screening, 79 children received glasses during the school year. Medical and dental home numbers rise by the end of the year (we see growth in this area of support and data collection). <ul style="list-style-type: none"> Medical Homes: 87% of children had an identified medical home at the beginning of the 2022-23 school year, and 96% did at the end of the year. Dental Homes: 66% of children had an identified dental home at the beginning of the 2022-23 school year, and 87% did at the end of the year.



Community Partners

Portland Public Schools Head Start is actively involved in community planning to encourage strong communication, cooperation, and the sharing of information among agencies and their community partners. We work diligently to improve the delivery of community services to children and families.

Partnerships are established within our school district between programs such as curriculum and instruction, student services, early childhood education, transportation, nutrition services, special education, English as a Second Language, technology services. City-wide partnerships are numerous and include health, social service and early childhood education organizations, colleges and universities, ESDs, and more.



Many thanks to our numerous community partners, including—but not limited to—the following:

A Children’s Place Bookstore
 Albina Early Head Start Family Center
 Black Parent Initiative
 Bradley Angle House
 Bravo Youth Orchestra
 CASA For Children
 Casey Eye/OHSU/Elks Preschool Vision Program
 Catholic Charities
 Childcare Resource & Referral
 Children’s Book Bank
 Children’s Community Clinic
 Community Immunization Clinic
 Community Warehouse
 Dental 3
 DHS
 Dougy Center
 El Programma Hispano Católico
 Francis Center
 Helensview School

Home Forward
 Human Solutions
 Impact NW
 Impact NW Child & Family Services
 IRCO (Immigrant and Refugee Community Organization)
 JOIN
 La Clinica de Buena Salud
 Lutheran Family Services
 Mainspring
 MESD
 Metropolitan Family Services
 MHCC Head Start
 Morrison Child & Family Services
 Mt. Scott Community Center
 Mult. County Health Clinics
 Mult. County Library Outreach
 Mult. County Women & Children’s Recovery Center
 NARA Indian Health Clinic
 NARA Wellness And Youth Center
 New Columbia Apartments
 New Hope Baptist Church
 North By NW Community Health Center
 NW Primary Care Sellwood Moreland Health Center
 OHSU CDRC/Case Manager
 OHSU Doernbecher Children’s Hospital
 OHSU Richmond Family Health Center
 OHSU Russell Street Dental Clinic
 Operation Nightwatch/SE Hospitality Center

Oregon Outreach
 Oregon Pediatrics
 PCC Metropolitan Workforce Training Center
 Pioneer United Methodist Church
 PIVOT Job Corps Center
 Planned Parenthood NE Health Center
 Planned Parenthood SE Health Center
 Portland Children’s Levy
 Portland Homeless Family Solutions
 Portland Housing Center
 Portland Work Source Metro
 Portland Work Source SE
 Providence Medical Group
 Providence Swindells Resource Center
 Reach Community Development
 Rose Community Development
 Rosewood Family Health
 Russian Oregon Social Services
 Salvation Army Family Services
 Self-Enhancement, Inc.
 Shriners Hospital Social Work
 Southeast Uplift
 The ARC of Mult. County
 Transition Project Walnut Park Shelter
 University Park Dental
 Urban League Youth Family Services
 VOA Youth & Family Services
 YMCA Northeast Community Center
 YMCA Southeast Child Development Center





PORTLAND PUBLIC SCHOOLS

Head Start

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PPS Head Start Sites

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